

Healthy Families Creating Healthy Villages

Pioneering Education Play and Parenting Skills





Mentoring and Equipping Local Leaders

NEWSLETTER - March 2025

Dear Friends,

The anticipated harvest season is soon to start in the rural communities we serve. This year so far, has been a tumultuous one, as with much of the world. Malawi has been faced with erratic rainfall, fuel and forex shortages resulting in 30% inflation. In this environment of community anxiety, we continue to reach out and invest in people. We have a laser focus on training this year to make all our groups increasingly resilient with more leaders and opportunity to multiply.

Celebrating Follow Me (FM) and Discovery Bible Studies (DBS)

This month we are celebrating our Follow Me work of training church leaders from various denominations in the local area. We are currently running 7 courses and recently had some graduations due to the students' hard work.

Discovery Bible Studies are peer-led groups; short bible passages are read, memorised, discussed and in the next meeting, stories of the how the verses have impacted lives personally are shared. We now have 9 groups; about 100 people meeting every week.

Stories of Transformation

Henry 'I had broken marriage because I mistreated my wife, thinking that men are better than women. After starting FM we went through the leader's marriage, I discovered that God created both male and female at the same time Genesis 1:27. Upon learning this verse, I have found that we are all equal in God eyes. Now I have started treating my wife and all women with respect. This has created harmony in our family. Our misunderstandings are much reduced because I was the problem. I tell my fellow friends that men and women are all equal no one is above the other.'

Welford 'I was not preparing well as I taught and preached on Sundays, as people do not ask questions in that setting. When I was invited to help lead FM, I knew it would be hard because FM is done differently. I would have to prepare and expect questions from the course participants. FM has helped me to have good times of studying the material and to be open in myself to receiving questions. I have developed a good way of preparing well for what I teach and preach.'

We are thrilled that Bill Dixon continues to write more Follow Me courses, having just finished writing FM15. We are so thankful for Bill's investment into the Dalitso vision that he started sowing the idea for way back in 1998.

Bena 'In the past I was upset by my father and this led to me always giving him fake smiles. If he asked for my help, my anger always rose up. Starting at the DBS, I have been helped by gaining freedom in my heart. This has helped my health and I can now see my father as a blessing to me.'

Dona 'I did my best to beautify myself on the outside, so that my husband would love me. It didn't work so then I tried charms, but still it didn't work. By then I had not yet come to faith and after I gave my life to Jesus I was aware of an inner beauty. In this DBS group now I know about my inner beauty and true self. Currently I am helping my friends to know their true beauty too.'

Rhoda 'Before was very hard to memorise Bible verses, but due to this group there has been a big change. We repeat in our own words what we have read from the Bible and discuss its meaning to us individually. In this way I now know many verses and it is easy for me to share my faith.'

Pelita 'I was used to going to church where I would sit, sing, listen and watch others. A friend invited me to DBS and it was strange to be asked to share what I had learnt from the Bible passage we were reading. I love it as everyone is heard sharing how the Lord is teaching them.'

On behalf of the entire Dalitso Trust team, we want to thank you for sharing this journey with us. Your support and involvement mean the world to us.





Follow Me 1 Graduate



Follow Me 1, 2 & 3 Graduates



Discovery Bible Study Leaders



Discovery Bible Study in the Village