

July 2024

Dear Friends,

It is now the dry season and winter in Malawi. We were thrilled that the team were recently joined by Brian and Val, who have continually invested in to the team over many years – sharing their skills and wisdom for the benefit of the team and those they serve. Thank you so much!

Chippo *'Recent months have been challenging due to a shortage of food from the poor harvest, making it very expensive, so rural people can really struggle. Unfortunately, the Vice President and eight others tragically died in a plane crash on June 10th, which has brought political tension and violence. Please pray for our country with these 2 big challenges. The Dalitso team are focussed on training more volunteers to help expand our work. I am so happy seeing people serving their neighbours through CHE and gaining confidence to lead people in their communities.'*

This month we celebrate our Community Health Evangelism (CHE) work, as we train volunteers called CHE's to visit their neighbours with health lessons. We have nearly 50 CHE's working into 6 communities.

Sinali *'My husband and I were waiting for the government and other people to come and give us money to change our living standard. After the CHE lesson of 'development' it opened our eyes and we started working hard in our field. Hard work always pays and now we have managed to buy a bicycle. We have become responsible citizens by speaking to people in our neighbourhood to change their mindset. We invite them to start doing something as nobody will come and do it for us. We are so changed and now bless our community.'*

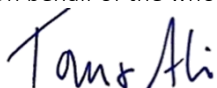
Maness *'My family and I lived in shame as we had lice in our clothes and bedding. One day in CHE I learnt about hygiene and straight afterwards I washed all our clothes and bedding in hot water. This is killing all the lice and we are washing things time and time again. I now bathe my family daily, so we are happier to mix with our friends. We are much happier because of this.'*

We were very pleased to have Kevin and Erica with us, who originally trained us in CHE over 15 years ago! We are working with them to host a CHE training conference in August, which we are so looking forward to.

Martha *'Before CHE I was unaware that I was believing a lot of false health information. CHE has helped me realise I believed local stories and customs to incorrectly explain our health. Due to this realisation I am so passionate help people gain true health education for their own lives. Lots of people are coming to me these days with many questions and I am so glad to be able to support my neighbours in this way.'*

Olivia *'I used to look down at myself believing that I can have no part in community leadership or development. I decided to be part of CHE and applying what I learnt at home, so our home improved. The Dalitso team gave us Healthy Home Awards 1 and 2 - that is when I was asked to volunteer as a CHE. I enjoy facilitating health lessons and I'm encouraged to see my neighbours listen and put into practice what we have been learning together. A highlight, is that diarrhoea has been reduced in our community. I am learning that change starts with me, then spreads out to my neighbours.'*

On behalf of the whole Dalitso Trust team thank you for sharing the journey with us.



Tom & Alison Husbands, The Dalitso Trust



Brian and Val with Chippo



Rhodess training CHE volunteers



CHE volunteers after a day of equipping



The team with Kevin and Erica