

Healthy Families Creating Healthy Villages

Pioneering Education Play and Parenting Skills



Mentoring and Equipping Local Leaders

July 2023

Dear Friends,

It is currently winter in Malawi as it becomes very dry and dusty. The rains will come again, but not until December time. We have been thrilled that Tom was able to make his first visit to see the team since just before Covid. He and Mark were able to run training sessions on leadership, coaching and developing teams.

Tom 'It was such a joy to be back with the team after 3 years and have Mark join me too. We had a wonderful week of teaching and catching up. There have been a few noticeable changes in the city such as traffic jams and being able to make payments with a bank card. Unfortunately, life in the rural areas has deteriorated. Government corruption and climate change have affected people so much in recent years removing layers of resilience they had developed. This makes our work even more paramount than ever, to give people the health knowledge and the education to solve their own challenges at a village level.'

This month we are highlighting the 7 Discovery Bible Study (DBS) groups that Rhodess, Ethel and Patterson are running. Groups gather once a week to read the bible out loud. After hearing a section a few times, each person repeats what they have heard in their own words. There is then an opportunity to reflect on the meaning and how it can be put into practice.

Doreen 'In the past I was talking a lot, hoping my own words will make people change and grow in faith. These days in our group as people read a passage through a couple times, I let scripture do the work in me. These words inspire my life.'

Rhodess is running 2 groups, one of which in Malingunde. From the putting scripture in to action segment they have befriended a very elderly couple who they are supporting day to day helping around their home. Rhodess 'I love people discovering the truth of the bible that then helps them in their everyday lives – finding this for themselves, rather than being told.'

Theresa 'Before coming to the DBS I felt that I'm perfect as I go to church on Sundays. This group has opened my eyes to hear that I am to be more like Jesus. Now I see my sin and my judgement on others. I am learning more about love and caring for others. This is what I hear God whisper when I listen to Him.'

Patterson is leading 4 groups in different villages '*l enjoy that people can explain what they are reading or hearing and also describe how scripture is changing them.*'

Lorraine 'I was keeping grudges in my heart and one time at DBS I had the opportunity to learn about forgiving. This lesson helped me find relief from the heavy load that was in my heart. I have experienced love and I tell my friends, don't hold grudges as they imprison you.'

George 'For me to forgive someone was very hard. It came time and God planted a new way of life in me through Luke 17:3-6 and it spoke into my life about forgiveness. This led me to change my life, so I can forgive others no matter how often they sin against me.

On behalf of the whole Dalitso Trust team thank you for sharing the journey with us.

Tons Ali



Mark teaching the Dalitso team



Malingunde Group



Thungira Group



Phalira Group

Tom & Alison Husbands, The Dalitso Trust