

NEWS July 2019

Dear Friends,

Harvesting is over and Malawi generally had a good crop this year; wonderful news, especially as the flooding in the south will put pressure on the country's food reserves in early 2020.

We have had a busy month with friends coming to train the team. Ali was joined by Nicola and Emily. Anold travelled down from Tanzania, while Mark and Laura came up from Blantyre. This is the backbone of the Trust that people regularly invest their giftings in to the team, so they can go and serve, having been equipped and encouraged.

This month we highlight our Community Health Evangelism (CHE) work. This long-term grassroots health work, trains volunteer health visitors and teaches communities to ask questions, so they can respond to their own needs.

Mrs Banda *'I have been trained as a CHE volunteer to visit my neighbours with health lessons. What can I say? CHE has changed my life 180 degrees. I have seen very sick people healed through a simple prayer, I did not know this could happen. I see my life in a new way by asking questions, which brings the real truth of why things do happen. Before, everything was a mystery and I believed it was witchcraft making bad things happen, so I accepted them. Now I am active to bring solutions and development to my family and village.'*

Recent lessons have included; home sanitation, making and applying manure, HIV, being kind to creation, creating calendars and planning.

Mrs Ngozo *'Before I believed that to be really human, it can only be a man because someone told me that women are worthless. In CHE I learnt about creation and that in God's image, He made men and women. So this new thing has encouraged me in who I am. This combined with lots of new knowledge in health is making me to have a new life. All can say is thank you.'*

Volunteers have also taught their neighbours; what is forgiveness, what can cause hearing loss, how to use a bathroom, creation, why use toilets and keys to a healthy marriage.

Sara *'My mother and my sister have been giving me advice about my life, but I didn't listen to them. My CHE friends have helped me so much and I now know how to be careful and protect myself from HIV. I want to live and become old, so I will wait to do things at the right time.'*

Ben *'I have been working for many years with a good salary. Unfortunately I lost my job and life has become very hard. I attended CHE where I learnt about planning and this lesson has helped me. Even though I do not have a job and the money I earn from casual work is less, I am able to use it wisely as before I wasted it. As a family we have found happiness again, as planning has given me vision to keep on developing myself and caring for my family.'*

Mary *'In the past even if I saw my problems, I was unable to solve them, I did not know how to. I participated in the CHE problem tree lesson. The problem fruits are traced to their roots, which are the causes. With this new skill I and my friends do look at our challenges to see the roots and where can we help each other deal with them. We are now a community of problem solvers.'*

On behalf of the whole team, thank you for sharing the journey with us,

Tom and Ali

Tom & Ali, Directors, The Dalitso Trust



Sharing stories



Team building



Womens conference



Our time with Arnold