

Healthy Families Creating Healthy Villages

Pioneering Education Play and Parenting Skills



Mentoring and Equipping Local Leaders

NEWS October 2017

Dear Friends.

Malingunde is as busy as ever with graduations and visitors from the UK. We are once again so proud of all that is happening in Malingunde. The past few months have been challenging and a time to look ahead to new opportunities for our work.

Team news: We are sad to announce that Chisomo recently passed away after a short illness. She was so full of life and had a great impact on the whole staff team. We will especially remember her vivacious smile as you can see in the picture.

This month we highlight our CHE (Community Health Evangelism) work, which is grassroots health education. We have over 40 volunteers that we have trained that do home visits teaching health lessons. These villages also work together on community projects to help bring increased development to everyone.

Elizabeth 'My family doesn't have a toilet as we have always used nearby bushes. Through CHE I have learnt that this can be the source of diseases, which can be prevented by having a latrine. So we dug, made a strong floor, built the house and are now happy to be using the latrine.'

Stuart 'I was a person always looking for somebody to do things for me. I was not using peoples' help or resources wisely, I took it for granted. From CHE story telling, I now see that I must take responsibility. I am looking for work and apologising to people I have let down.'

We are passionate about teaching health. Recent topics have included how to prevent disease, how to plan, why should children go to school? what is cancer? how people learn and child development.

Mr Banda 'I have learnt so much from CHE. It has opened my eyes to what is possible and I can truly say my family is transformed, living a healthy life.'

Sali 'I have two daughters and have been wondering why God did not give me a boy? The DT team have helped my burden to disappear, I now see my girls as a gift and know they are uniquely valuable.'

Doreen 'I was always keeping quiet when my children were not behaving well. CHE has changed my mind and behaviour. I now know it is love to give my children quidance and take an interest in their behaviour.'

For the last 2 years CHE has been partially funded by an Egmont grant. This unexpectedly stopped, so financially this is a challenging time for us and has led us to re-evaluate how we are working. We have new plans for 2018 and will expand upon these in the next update.

Tamon 'We have been married for almost seven years and I have seen other couples living their marriage with love, this was a dream to me. Through a home visit, we learnt about living in harmony. Our life is changed, making a priority to say thank you, agreeing a family budget and saying where we are going.'

Monica 'CHE is full of lessons, I was taught the lesson of planning. For the first time I was able to plan for my farming work and the inputs required. Due to this I have had a successful harvest and will sell the excess. I am sharing this skill with my relatives so they can develop themselves.'

On behalf of the whole team, thank you for sharing the journey with us,



Tom & Ali, Directors, The Dalitso Trust



Chisomo and Serena



Happy Faces Graduation



Healthy Home Awards



New Pit Latrines