

NEWS May 2017

Dear Friends,

The work of harvesting is almost complete and yields were generally good; wonderful news after two years of poor harvests. We hope people will have enough food to last for the year.

Tom was recently joined by Vicki, Serena, Tonny and Thomas on a trip to Malawi to serve the team and take part in a Follow Me gathering. Tom *'We had a great week serving the team in Malingunde and seeing the fruit of all their hard work.'*

This month our Community Health Evangelism (CHE) work is in the spotlight; long-term health work training volunteer health visitors and teaches communities to respond to their own needs.

Mrs Kesi *'Before I met the D.T. team I did not know exactly what causes Malaria. In my mind was our local knowledge of catching it from being in the rain or eating mature sugar cane. Lovely taught the lesson of the causes and how we can prevent it. My new life is that I now sleep under a mosquito net and I take care of my compound, so there is no stagnant water or tall grass. Moreover, I have learnt that prevention is better than cure.'*

An organisation called Medical Ambassadors promotes CHE all over the world *'The brilliance of CHE is that it doesn't need professional development workers to thrive, because it relies so heavily on local leadership and volunteers.'*

We have recently started working in a new area called Duncan and are hopeful that once the community understands CHE, they will choose to partner with us over the coming years.

Tombi *'I have learnt that as a member of my community I can play a big role in change. In the past I was thinking that development is for the government or charities to do. Development starts with me and little by little, we are seeing good changes in our community.'*

Recent lessons have included; using food wisely, making and applying manure, the causes and relief of headaches, understanding the difference between relief and development, blood pressure, diarrhoea and storing drinking water safely.

Chief Nyong'a *'I want to say thank you because of the teaching my people are receiving. We are seeing fruit because people have now built good toilets and are making their own manure. I can see that my village is becoming different to others nearby as we develop.'*

Essi *'After my baby was born, my body went through some changes. I was confused and thought that someone has bewitched me. I went to the witch doctor, but there was no improvement. Someone from D.T. prayed with me and I sensed peace. I have now been able to go the clinic, receive good advice and the medication I needed. I am now fully recovered and feeling happy.'*

Volunteers have taught their neighbours; *How to look after the emotions of the heart, the importance of children going to school, a balanced diet, using mosquito nets, Malaria, sanitation and channelling anger.*

Luke *'Over this past year I have learnt new things about having a healthy home. I have made some improvements like a bathroom, a kitchen, a refuse pit, a vegetable garden, dish rack and a clean compound. We did not have a toilet, so we built one and our children do now go to school. We received a certificate from CHE to show our home is healthy, so we are very proud.'*

On behalf of the whole team, thank you for sharing the journey with us,

Tom and Ali

Tom & Ali, Directors, The Dalitso Trust

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Team Training



FM Conference



Steve Presenting a Healthy Home Certificate



DT Team with our Recent Visitors