



Healthy Families Creating Healthy Villages



Pioneering Education Play and Parenting Skills



Mentoring and Equipping Local Leaders

March 2016

The harvest is nearly ready in Malawi and we anticipate that this will ease the chronic food shortages being experienced. It has brought challenges to much of our recent work. People are looking for work to buy food as prices have doubled, or are staying at home as they are so weak. The team have been busy visiting people and helping where they can.



Dear Friends

Our friend Debbie will be running the London Marathon for us on April 26th! To help her reach her fundraising target please click: www.VirginMoneyGiving.com/DebbieShearing

This month we are highlighting our Happy Faces (HF) work, which is a 6 and under stay and play project. Our sessions are full with families from 6 different villages now participating, with over 15 children on the waiting list. It has taken a long time to develop trust and a good reputation; the testimonies below show the fruit of everyone's hard work.

Faye 'I am proud that Peterson is our 3rd child to come to HF. I have come to know that HF is more than just building up my child. It helps our family and marriage as my husband and I are in unity taking time with our children, helping them grow mentally and spiritually.'

Patricia 'Before my daughter was withdrawn and would not interact with children her age. She is now a different girl since we started coming to HF. She is playing and talking with other children. At home she remembers what she has learnt, I will continue bringing her so she can learn even more.'

Recent home visits have focussed on the following lessons; family planning, how can I have a healthy home and why should my children go to school?

Jesse 'I was encouraged for a long time by my friends to bring my daughter to HF. I didn't think it would be very helpful for her or me. I was truly wrong and I have seen many changes as she is now starting to write and her language has changed too. She was using very abusive words, but somehow her heart softened after a lesson about 'God loves little children'. We will keep attending as I want more positive changes for her.'

Edina 'Before coming to HF I could not help my daughter learn. I could do nothing, but due to HF we have been learning together. I can now count and read because of HF, so I am now able to teach my daughter. She is developing especially in counting, so I want to keep learning more and more.'

Lovely 'My daughter is now in school and HF has given her such a boost and head start. I am so encouraged that I am bringing my son to HF too. Unfortunately he has not had a good start as he was always fighting other children. Thankfully there is a big change, because he now has friends to play peacefully with.'

Sophie 'I thought that bringing my child to HF would be a rest for me, so that I could do nothing. I am very challenged, as I saw I was running away from my responsibility of being a good mother. Before I was shouting at my children a lot. I have learnt to listen to my children, helping them to trust and learn more from me. I always thought shouting makes children behave, but really it is love and respect. Even my husband sees a change in me, so my whole family is happy with HF.'

Thank you for making all the above possible by sharing the journey with us.



Tom & Ali. Directors



Learning Numbers



Parachute Games



Singing with Rhodess



Using the letter P