

## **Dear Friends**

January 2016

We are looking forward to all that 2016 has in store for us as an organisation. We expect lots of challenges, some disappointments, but we know too that lives will be changed bringing health to families and villages.

Life in Malawi is currently very challenging, as there is a serious food shortage. Over 2 million people are in danger of starvation and the Malawi government's response is very disappointing, as they are not intervening to protect the vulnerable in the rural communities. However, our team continues to serve in the midst of these hardships.

We are pleased to announce that Fanny gave birth to a healthy little girl called Ellen. As Fanny has some time off, we welcome Ethel a new intern.

We are so passionate about our three areas of work. Follow Me (FM) weekly sees over 60 church leaders learning together on how to lead and serve their churches well. Happy Faces (HF) a stay and play group which teaches Mums about parenthood and how to develop their children holistically. Community Health Evangelism (CHE) is a question led development model training health volunteers and transforming whole villages.

Below are some of the team's highlights and their hopes for the coming year.

Janet 'Once again I am excited about Happy Faces as I love the children who come along and enjoy seeing them develop. I also want to see our interns grow in maturity and understanding so they can see the roots of our precious work.'

Lonely 'My family's health has been transformed through CHE and this year I want to pass this knowledge on to others, so they too can enjoy good health.'

Rhodess 'My highlight last year was how communities again chose to continue learning more about CHE. Also many women are actively sharing to their neighbours to bring their children to Happy Faces.

Chisomo 'I am excited and looking forward to the Follow Me courses this year. It is wonderful to see people study and take this encouragement to others.'

Patterson 'I am excited about Kabzala and all that is happening in the village through CHE. I have a real sense of purpose now, I know who I am and why God chose me to born here and to serve in Malingunde.'

Steve 'I really enjoy CHE and building up good relationships in Mbanga. I plan to use all I have learnt in my internship to serve them.'

Bazilio 'This year I will be leading FM 3 which is a great chance for me. I also enjoy CHE, as it is such an encouragement to people'

Japhael 'I have learnt so much and grown. I am helping in with FM 4 and 5 and also leading lessons in CHE. CHE is so special because people learn and it leads to action. It brings a thirst to the people and they start to develop in all ways.'

Jameson 'I am passionate about CHE and how it asks questions which leads to developing knowledge and understanding.'

Chippo 'I am so encouraged by the teams growth and maturity. Also how our CHE communities are starting to work together. I hope these things continue to get stronger in 2016 and we keep seeing more fruit.'

On behalf of the whole team, thank you for sharing the journey with us,

om and Ali

Tom & Ali, DirectorsDalitso Trust, 147 Middleton Hall Rd, Birmingham, B30 1AP T: 07851 110297 DalitsoTrust.orgCharity No 1090274



Healthy Families Creating Healthy Villages



Pioneering Education Play and Parenting Skills



Mentoring and Equipping Local Leaders



Happy Faces



Our newest interns, Chisomo and Ethel



Rhodess is holding Ellen as the team visits Fanny's home.



The team in Malingunde