

Dear Friends

August 2015

The winter season has finished and everyone is gearing up for the new academic year. We have new classes starting in Happy Faces and Follow Me and look forward to the new families we'll serve and see released into their God given potential.

Chisomo is our newest intern. She brings the total staff working to deliver our three projects to 20. This month we are highlighting Community Health Evangelism (CHE).

Through CHE we train volunteer health visitors who visit their neighbours with simple health lessons. The community also work together on small projects using their resources to impact the health and quality of their lives. It is one of the very few development models that really works in rural areas to create lasting change.

Wesi 'I was having many children with the motive of controlling my husband; I thought he can never leave me as we have many children. After participating in a CHE lesson about family planning it opened my mind. The more children we have, my health is at risk and it becomes difficult to parent a child properly with enough clothes, school fees and so on. We had 6 children and 2 have died. My husband and I agree that we are enough and have decided to stop having any more children. I am full of praises that I participated in this lesson.'

It takes a year to teach CHE to a community, which then decides if they want to commit long term. Recently Chikombole village said no, a hard rejection for the team after a year's work, especially as they know the project will change many lives.

Chief Mbanga 'I never knew where Malaria came from; so was never been able to defeat it. I pointed the finger at people for spreading Malaria to my family like a disease. I am not the same, we now sleep under nets and have cleaned our property to stop mosquitoes breeding.'

Kapundi is the new community we are serving. The signs are encouraging, people are coming to faith and taking an interest in making their own toilets and bathrooms.

Faith 'I have been facing challenges from my husband as he has been beating me many times and not taking his share of responsibility for our family. I was buying charms from the witch doctor with a motive to make him love me. Then I met Rhodess and I told her my story. We prayed together and she introduced me to the one who makes people to love. He is Jesus and now I know where love comes from.'

Chief Kapundi 'I have been inspired by the teaching of CHE, especially about how we as community can work together. I think we can start to depend on each other and I encourage everyone in the community to do this.'

Thanks to Nick and Bea Harding for their recent trip to serve and train the team.

Nabanda 'I am so thankful for the learning we take part in and we do not even pay for it. We have been learning at how to look at problems. The illustration is of a tree having 3 parts. Roots stand for the causes of the problem, the stem is the problem and the fruits are the consequences. So many times when I met a challenge I only dealt with the fruit/results. Now my new life is that when I face a problem I look at the cause to see a clear solution!'

On behalf of the whole Dalitso Trust team thank you for sharing the journey with us.

Tom and Ali

Tom & Ali, Directors

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Japhael preparing for teaching CHE lessons



Lonely teaching in Kabzala



Janet and Chisomo



Nick with Chippo & Janet's family