

health

Healthy Families Creating Healthy Villages



Pioneering Education Play and Parenting Skills



Mentoring and Equipping Local Leaders



Letter Sounds



**Number Practice** 



Pencil Grip Practice



Team Training

Dear Friends June 2015

Malawi is in full swing as it is harvest time. This is a very busy time rurally, to harvest your own crops and it is also an opportunity to find paid work helping other people harvest their crops too.

After many years of learning and trying different projects/methods we now focus on 3 areas. This month we are highlighting Happy Faces (HF). It is an under 6 stay and play educational play session which runs twice a week. Families also receive home visits to teach health topics and bring encouragement.

Patricia 'I sent my daughter to a local nursery school. As she played with my neighbour's child I could see that she showed more learning than my child. For this reason I decided to ask for a place to bring her to Happy Faces. I am very proud of my child.'

Lontina 'I do not know how to read and write so the first time I was invited to HF I had worries and doubt of being able to teach my own children, but now I am a happy woman. I am now without worries and fear because the Dalitso women respected me and showed me how I can teach my own children.'

Janet, Rhodess, Fanny and Lonely have been teaching about parts of the body, counting from 0-10, holding pens, shapes and colours. Bible stories have been about creation and also Daniel's strong faith. Recent home visit topics have been; how to harvest and how to treat/store food so it will not be spoilt by insects, communication in marriage and how can I protect my family against Malaria?

Mary 'At first I thought to be a good and loving mum is to just feed and buy clothes for my children. HF has helped me to know that it does not end there, that I should spend time with my children and share the love from my heart.'

Suzen 'before I could not believe that manure could work, but the lessons we have been taught have been very helpful. We have more food this year and spent less money so we are full of praises.'

Madalitso 'When the Happy Faces women came to visit, I thought they have come to mark my home and it was a burden to me. During their visit Rhodess shared her story and that was an encouragement to me. I was divorced and my children have been a burden to me. Now I am a happy woman because I am not alone and understand that my children are a blessing from God.'

Junilesi 'When my daughter was sick, I thought it is a curse and connected to witchcraft, but my child reminded me about a HF lesson that sickness is not from that. This has helped me to start praying and trusting God for healing when my children are sick.'

Rhodess 'I was wondering how can I teach other women and my young son at the same time? I found that the way I talk to and play with Steven attracts the other Mums and we can learn together, so now I don't feel that it is too hard.'

We continue to be proud of the team and their hard work in Malingunde. On behalf of the whole Dalitso Trust team thank you for sharing this journey with us.



Tom & Ali, Directors