

**Dear Friends**

**May 2015**

The rains have finished and it is harvest time. Malawi has not had a good rainy season and it seems there will be serious food shortages at the end of the year.

Tom has just returned from being in Malawi; *'We are so proud of the team and their continued vision and hard work. It was great to have Nick, Mark & Rich from Coventry Vineyard join me serving the team and local church leaders involved in our Follow Me courses. Malawi as a country is not flourishing and we are very concerned about the food situation and pray the Government will serve their people.'*

This month we are highlighting Community Health Evangelism (CHE). CHE is question led community health model driven by local communities. It is very slow, hard work, but produces results that last and changes communities from the inside out. The CHE Team currently serves four villages, training volunteers to be health visitors to their neighbours. We also help each community to complete health improvement projects.

Margaret *'I am so thankful and full of praises. Last year my husband and I learnt to make organic fertiliser. We have had a much better harvest this year, compared to other years.'*



*The Dalitso Trust team with visitors from Coventry Vineyard*

Mercy *'My husband and I have been in this community for a year. I was struggling to make friends and hiding in my house because of my tummy, showing that I am pregnant. CHE teaching would happen near my house, but I did not attend due to my childishness. Now we are starting to see some changes due to CHE, for which we are thankful. I have learnt to be part of CHE and even welcome people from The Dalitso Trust. I call people to our meetings and have made some friends. I thank CHE for bringing good things to my life and into my home.'*

Elube *'Before you started coming here I was not good in keeping the inside and area around my home clean. Through the lessons you taught, I have now arranged my property in the right way, especially to avoid accidents. We have cleaned around our home, to reduce snakes and places where mosquitoes can breed, as these cause us malaria.'*

Recent health lessons have included; how to prepare food, home safety, how can I be filled with the Holy Spirit, immunisations and worms.

Lenita *'I have been helped because of your teaching. Before it, I was in a misunderstanding with my brother and we were not talking. Thank you for praying with me and your counsel. Now there is no enmity with my Brother, we are talking again and we have peace.'*

Rosina *'I came to this community in 2012 to be married. We had a very hard start to our marriage as we did not have enough food. Things were difficult up to 2014 as I was not enjoying marriage and still being a stranger in the village. Then I heard people are coming to teach development. I went and my husband and I put into practice what we learnt. Our lives have changed, as we now grow sweet potatoes as a cash crop, so we can have enough to eat. I now have some friends, so we are very thankful for the change to our lives.'*

On behalf of the whole Dalitso Trust team thank you for sharing this journey with us.

*Tom and Ali*  
**Tom & Ali, Directors**



*The Dalitso Team*



*People learning to give ideas through CHE*



*CHE values*



*CHE learning*