



Healthy Families Creating Healthy Villages



Pioneering Education Play and Parenting Skills



Mentoring and Equipping **Local Leaders**



FM Conference in May







Medson Graduation

Dear Friends July 2014

Malawi is now in its cooler dry season; a great time of year for community work, where rural farmers have more time on their hands to learn and discuss.

The Trust has three areas of focus and this month we are highlighting Follow Me (FM), a course serving rural church leaders who live around the Malingunde area.

The staff team shares teaching the six different FM courses. Each member does a little bit of everything across the projects to build their experience, whilst also having their clear areas of responsibility. This balanced approach builds capacity, knowledge, teaching, facilitating and also working in different teams, learning to be flexible, gracious and bringing their unique talents to the various teams they serve on.

Medson helps as a part time teacher of Follow Me. The rest of his week is spent pastoring in a local church. He recently graduated from a theological course in Lilongwe. We are all very proud of him, his studies and commitment to discipleship.

FM7 is currently being written by Bill Dixon, Nick Sutton and Tom. It is such a privilege to write material that the students have specifically asked for.

The following testimonies show what a vital role FM plays in Malingunde.

Emmanuel 'I want to comment on FM2 as this has changed my understanding of the word 'Church'. Mostly I was thinking about the building, now I know the real meaning - the believers, not the house. A new thing to me is that our denominations are part of the church. We are known by different names, but God sees us the same if we are truly following Him.'

Malikebu 'I really thank God for giving me time every Wednesday to attend FM. It has helped me in many different ways. I am a leader of the church and I was having a time of visiting the sick, but not really sure of why I should do it. Through FM4 I have changed indeed. Jesus is the example; He started it, because of His love for us. I now know it is love, we serve and visit because of God's love.'

Mrs Banda 'I did not know that those who have love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control, it's the Holy Spirit who does it. I thought it was taught from their parents at a young age. I have learnt that the Holy Spirit produces these things, if He lives in you. With that knowledge it has made me to live by the Spirit.'

Sidine'I was a person who lived in fear for many years. I really feared witchcraft. FM has helped me to cast fear away and now I live a free and peaceful life in Jesus. I also leave a life of protecting my church position, now I am training others that they may take over. All these I have learned from FM'

On behalf of the whole Dalitso Trust team thank you for sharing the journey with us, enjoy the rest of the summer!

