



UPDATE June 10

Dear Friends,

Winter is nearly here and people have finished harvesting their rainy season crops. The new Parliament building was opened recently and a Presidential pardon in the International news too. So these are interesting times! The freedom to ask questions and have a political debate is still new to many people here. In this whole process we hope people will find good answers about democracy and how they want Malawi to be as a nation.

Dalitso Play

We now have 2 trial sessions running which have been going for 4 months now.

Alison *"I am so encouraged at the response from the community, the mothers, and the children. To see the value in educating/playing with children is a new concept. The speed at which everybody has grabbed both the opportunity of playing with the educational equipment and tried to apply it at home has truly astounded me. It is a testimony of how much communities within Malawi desire people to teach them new skills and walk them through the application of it in their own environment using their own resourcefulness."*

Josephine who attends with Milika *"In the past I knew that giving food and washing a child was enough. I am changed as now I do play with Milika as Happy Faces has influenced me. Before to play with my child was culturally childish, but*

now I have seen how important it is. I am very proud of the vision, because it has helped me and my child feel love through doing daily play activities."

Sarah mother of Tadala and Tendai *"At first I was letting my children go for playing without my attention. Since Happy Faces I plan my time with them and can see a change"*

Dalitso Leaders

We were really blessed to have Bill and Cherk-Yun with us in April to teach some of the course and meet those benefiting from his material and hard work. Bill also had time to



Team teaching with Bill

spend with the team and equip them too, it was a great time! Nick, Vicki, Mark and Laura followed their input with a wonderful visit in May. Three groups meet at the moment, comprising about 70 leaders.



Teaching Day with Mark, Laura and Vicki

Enia *"I have been serving as an elder for a long time, but was not fit to be a leader because I did not go to any training. My husband divorced me due to my bad behaviour; I was not patient and likely ill treat someone who ill treated me – revenge to the one who did wrong to me. I thank everyone who supports Follow Me, it has become a torch to many. After attending FM I allowed Him in my heart. I am alone without my husband, but I have peace of mind and have become patient."*

John *"Before FM I was smoking, drinking and giving evil advice to many people in the community. There was no peace in my family and many fights between me and my wife. On the day I went to FM God spoke to me through the teaching. The lessons have helped me build my family life on love, staying in a good life amongst people in the community and change my life completely."*

Litchowa *"Though I was an elder I was not suitable because I did not go to any theological college, school or training. So it was hard for me to lead God's people and on top of that I was not faithful in my family. I finished FM and am now learning FM2. I say I am not the same; I totally changed as I got Christ in my life. I found courage to trust God and show love to my family."*

Dalitso Health – Chippo's bit

Hi, great things are happening here and things are changing almost every day!

Last year I travelled to Zambia to see CHE there. I stayed with **Lovemore Zulu** who is the country coordinator. He is a blessing because he has encouraged us and told us the basics of CHE.



Lovemore discussing CHE with a local leader

In May Lovemore made a 5 day visit to us here in Malawi. We learnt more and the whole Dalitso Trust team enjoyed his visit. CHE is a commitment, hard work and it's a process as it deals with peoples' whole lives, so it needs patience.

Community CHE

In Ndumira the training of community health visitors (CHEs) is going on very well. 15 lessons have been taught to equip them for the work ahead. Lessons on; teaching

methods, problem solving, healthy home, development versus relief, transitioning between physical and spiritual subjects, to mention a few. During training the CHEs did a survey to help us identifying the common sicknesses in the villages. These are worms, Malaria, fever, diarrhoea and malnutrition. From now on CHEs will start home visits after they have learnt a health lesson. To start with the training team and a committee member will accompany them. To help them have confidence and courage to meet their neighbours' health needs through teaching them.

Great things have already happened in the lives of many of the CHEs. They are applying lessons learnt in their homes. Many value the 'health home award' which consists of seventeen things, some of them are pit latrine, immunized children, improved cooking stove, purified drinking water, bathroom and many more. One of the committee members **Mtama** said "CHE lessons have helped me a lot because I had problems of anger and unfaithfulness in my marriage" Many are improving their soil by making compost manure so trying to deal with food shortage.

In Mbanga we feared to work with them because of the rumours we heard that the village is violent and they don't like somebody to talk of new things. The Chief is witnessing a change which is seen in his community and he encouraged us that we should continue teaching whatsoever we have from CHE that his village should completely change for good.

Limon with Mbanga health visitors



Family CHE - healthy families creating healthy villages.

All the families are doing well and we are able to see changes in their lives, CHE fruit!

The **Bakayawo's** have been married



for thirty six years but they told me that they never had

peace and unity in their family. They did not care or love each other as a husband and a wife. After they started learning CHE lessons a lot has changed in their family. There is unity, peace and their children obey them. They are proud of each other because they trust one another by sharing everything without hiding. They said it is like they "wedded yesterday and have gone for honeymoon"!

We have paired them with a new family called **Staiford**. They value the teaching because changes have been seen already in their lives and around their home. They are currently constructing a bathroom and a pit latrine.

The **Mazinga** family is enjoying CHE. They have more farm produce than they expected. Improvements at their home have reduced a lot of preventable sickness. Neighbours are coming by themselves wanting to learn from them. **Mr Mazinga** says "CHE has brought health at my home and my family is happy to be a model in the community so that others can come and learn."



Citizen with his favourite toy - Nick on a Che bike!



We had a kind gift of a camera so please enjoy the first CHE photos!

Chippo.

Giving

Huge thanks to Pete Makepeace, Declan Vaughan, James Husbands and Ed Brindley for all using JG to raise money for the Trust – Wow! <http://www.justgiving.com/dalitsotrust/> We have had several other generous gifts recently – thank you

The Husbands Family

Our family news is at <http://husbandsfamily.blogspot.com> We are due to be in the UK at the end of June and for July; we hope to see many of you then!

Highlights

'A privilege to host visitors who have really served and equipped the team – thank you!' **Tom**
'Such encouragement from the testimonies of the mothers at Happy Faces.' **Ali**

Thank you

- 1) For people accepting our training and letting it change their lives.
- 2) For continued UK support in so many ways – we could not do this without you.

Requests

- 3) Successful home visits of Training of Community Health Visitors (CHEs)
- 4) Protection for the whole team and especially the team's health in Malingunde.

Tom and Alison

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